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Green smoothie recipe? With Alpine blond wheat germs, raw cacao and matcha.

Ingrediënten

- 6 Ripe kiwis
- 1 litre Filtered cold water
- 1 teaspoon Alpine blond wheat germs
- 1 teaspoon Matcha (Kotobuki Matcha)
- 4 tablespoons Coconut blossom sugar (Amanprana Gula Java Brut)
- 4 Raw cacao beans
- 30 g Fresh ginger

Extra info

Recept geschikt voor:

4 personen

Moeilijkheid:

Vorbereidingstijd:

minuten

Bereidingstijd:

0 minuten

Totale bereiding:

0 minuten

Gebruikte producten

De **Amanprana producten** die gebruikt zijn bij het maken van green smoothie recipe? with alpine blond wheat germs, raw cacao and matcha.

Bereiding

Peel the kiwis and the ginger, cube and place in a high-speed blender. Add the other ingredients and fill with the filtered cold water. Blend for one minute at the highest setting and then place the detox smoothie in the fridge for 20 minutes. Before serving, blend the smoothie again at the highest setting.

Speciale wensen

- [Vegetarian](#)
- [Gluten free](#)
- [Vegan](#)